



# SHENANGO VALLEY YMCA

## Reopening Guidelines

### Facility Open to Members: Monday, June 15th

As we prepare to reopen our YMCA, we want to assure you that safety remains our top priority. We are working hard to adhere to guidelines established by authorities like the CDC, WHO, and the PA Dept. of Health. We are thrilled to welcome our members back to the Y, but we want to be cautious and promote safety as well. Please be patient and understanding as we work through these new temporary guidelines and protocols. Our goal is to get our Y operating as close to pre-COVID as possible, but we want to be prudent in proceeding cautiously for now.

On Monday, June 15<sup>th</sup>, the Shenango Valley YMCA will open with the following additional **temporary** safety protocols:

- **Masks:**
  - All Y staff are required to wear masks at all times (except group exercise instructors during class).
  - Except when exercising, members are encouraged to wear a mask inside the building at all times.
- **Temperature Checks:** all members and staff will have their temperature checked when entering the facility using a no-touch thermometer. Anybody with a temperature of 100.4 or greater will not be allowed to enter/participate.
- **Hours:** Mon-Thur: 5:15am – 8:00pm; Fri: 5:15am – 5:00pm; Sat: 7:00am – 1:00pm; Sun: 9:00am – 1:00pm
- **Social Distancing:** a distance of 6 feet must be maintained at all times. To aid in that effort, some areas and services will be limited or closed for now. The following temporary protocols will be in place for now:
  - Showers and Saunas closed
  - Aerobic Room closed. Group Exercise classes will be held in the gymnasium.
  - Member lounge closed
  - Massage Therapy will not be offered
  - Group Exercise Classes: Maximum of 30 participants
  - Cycling Classes: Maximum of 8 participants
  - There will be no open gym (basketball) or pickleball
- **Disinfecting:** Y staff will vigilantly disinfect all commonly touched surfaces in addition to normal cleaning duties. Members are asked to disinfect any/all equipment before and after each use.
- **Non-Members:** The Y facility will be open for Y members only. New members can join during this time, but we will not be:
  - Selling/honoring: day passes, guest passes, free weeks or week passes. We are also suspending our participation in the Nationwide Membership/Reciprocity program.
- **Drinks:** Members will need to bring their own water/drinks from home or purchase a drink from the front desk. The drinking fountain in the gymnasium will be unavailable and there will be no coffee station.

We are excited to welcome everyone back to the Y! Thank you in advance for your patience and cooperation as these new procedures and protocols are introduced. We will monitor the situation, and continue to make informed decisions in the best interest of our members and staff, while following the guidelines given to us from the CDC, the Dept. of Health, and our insurance company.